

CADAVERIC REGIONAL ANAESTHESIA WORKSHOPS

Advancing Education Through Collaboration

15 & 19 July 2026 | Madras Medical College, Chennai | AORA CRAB GARC 2026.

A Collaborative Academic Initiative

The Cadaveric Regional Anaesthesia Workshops conducted on 15 and 19 July 2026 at Madras Medical College (MMC), Chennai, brought together institutional leadership, interdepartmental collaboration and national and international academic expertise. Organised as part of AORA CRAB GARC 2026, the workshops were conducted by Madras Medical college (MMC), Institute of Anaesthesiology and Critical Care (IACC), in association with the Institute of Forensic Medicine and the Academy of Regional Anaesthesia of India -

Cadaveric regional anesthesia board (AORA-CRAB).

The programme aligned with AORA's vision of advancing regional anaesthesia through high-quality education, structured skills training, academic collaboration and the dissemination of safe, evidence-based clinical practice. By bringing experienced faculty and delegates together in a carefully organised cadaveric training environment, the initiative supported AORA's commitment to strengthening regional anaesthesia education across India and also encouraging wider academic exchange.

Institutional Vision and Leadership

The workshops reflected the vision of MMC,IACC to establish a sustainable platform for regional anaesthesia education, hands-on training and cadaver-based academic activity. The programme was made possible through the vision, encouragement and administrative support of the magnanimous Dean MMC, Prof Dr Shantharaman, MD. Special acknowledgement to Prof Dr D. Sudhakaran, MD, DCH, Medical Superintendent and Director, MMC,IACC for his vision, institutional facilitation and continued support throughout the planning and execution of the workshops.

Prof Dr S. Vijayaragavan, MD, DA, Workshop Director, played a central role in conceptualising, initiating, coordinating and sustaining the cadaveric regional anaesthesia programme at MMC. His efforts brought together AORA,MMC IACC and the supporting institutes, transforming the academic concept into a well-coordinated programme.

Workshop Leadership

The workshop held on 15 July was directed by Prof Dr Sandeep Diwan, Chairman, CRAB–AORA, and Prof Dr S. Vijayaragavan. Prof Dr Sandeep Diwan's sustained interest in cadaveric studies and cadaver-based regional anaesthesia education contributed significantly to the academic standard of the programme. His commitment to developing structured workshops, supporting faculty-led teaching and encouraging anatomical exploration has helped strengthen this important area of regional anaesthesia education. The workshop held on 19 July was directed by Prof Dr Medha Kulkarni and Prof Dr S. Vijayaragavan.

Faculty and International Participation

The workshops were enriched by an accomplished faculty team comprising Dr Sandeep Diwan, Dr Medha Kulkarni, Lt Col John M. K., Dr Ujjwal Dudhedia Raj, Dr Ashit Subhash Mehta, Dr Himanshu Dongre, Dr Bhuvaneswari, Dr Rasika Timane, Dr Naveen P. M., Dr Reshma Nath, Dr Sunil Bapat, Dr Varshali M. Keniya, Dr Anju Gupta, Dr Shilpa G. K. Bhat, Dr Abhishek Lonikar, Dr Pooja Jadhao, Dr Sanghamitra, Dr Anupam Raj, Dr Jyoti Deshpande, Dr Selvakumar, Dr Shweta Puntambekar, Dr Nitin Gawai, Dr Nita D’Souza, Dr Renuka Chitriki and Dr Ganesh Bhong.

The participation of Dr Abel Mussa Ntungi from Tanzania and Prof Dr Madan Narayanan consultant anaesthetist from UK added an international dimension to the programme and promoted academic exchange beyond national boundaries. The presence of faculty and delegates from different regions created a diverse and collaborative learning environment.

Academic Programme and Participation

Six dedicated frozen-cadaver stations were arranged on each workshop day, enabling structured faculty-led demonstrations and closely supervised hands-on practice. A total of 40 delegates participated on 15 July and another 40 delegates on 19 July.

The stations covered ultrasound-guided brachial plexus blocks, anterior and posterior truncal blocks, lumbar and sacral plexus approaches, parasacral techniques, paravertebral and erector spinae plane blocks, and lower-limb and sciatic nerve blocks. Systematic faculty, station and equipment allocation enabled focused instruction across the broad range of techniques.

Organisation and Inter-Institute Collaboration

The successful conduct of both workshops was supported by the coordinated efforts of Dr K. Venkatesh, Dr Udhayanan and the organising team from IACC, MMC. Their contributions included academic planning, faculty communication, workstation design, equipment coordination, logistical arrangements, cadaver preparation and on-site execution.

The Institute of Forensic Medicine, MMC, provided essential academic, technical and logistical support for the cadaver-based sessions. Its collaboration with IACC represented an effective model of inter-institute teamwork in advanced medical education.

Looking Ahead

The workshops reflect the shared commitment of AORA-CRAB, MMC and IACC to advancing regional anaesthesia education. They provide a strong foundation for sustained training programmes, international academic exchange and future collaborative initiatives at Madras Medical College.

Photograph Gallery



Workshop directors with Dean and MS of Madras Medical College.



Dr Sandeep diwan briefing about the Workshop

Photograph Gallery (continued)



Enthusiastic participation of the delegates & Faculty in Cadaver stations.



Block demonstration by faculty



AORA CRAB faculty team